

## INPATIENT READMISSION

File Name: inpatient\_readmission

Origination: 7/2022

Last Review: 01/2023

Next Review: 12/2023

### Description

Inpatient readmissions are defined as inpatient stays to the same hospital within 30 days that represent treatment for the same, similar, or related condition.

Blue Cross NC will not allow separate reimbursement for claims identified as an inpatient readmission.

**Contractual language and exceptions will supersede this policy.**

### Policy

**Blue Cross Blue Shield North Carolina (Blue Cross NC) will reimburse for inpatient readmissions according to the criteria outlined in this policy.**

### Reimbursement Guidelines

#### Inpatient Readmission

Blue Cross NC considers an inpatient stay to the same hospital for the same, similar, or related condition within 30 days from previous discharge to be an inpatient readmission. Inpatient readmissions are not separately reimbursable. Reimbursement is allowed for the original admission and should not be combined to qualify for outlier reimbursement.

Inpatient readmission criteria may include, but are not limited to:

- The same or closely related condition or procedure as the prior discharge.
- An infection or other complication of care.
- A condition or procedure indicative of a failed surgical intervention.
- An acute decompensation of a coexisting chronic disease.
- A need that could have reasonably been prevented by the provision of appropriate care consistent with accepted standards in the prior discharge or during the post discharge follow-up period.
- An issue caused by a premature discharge from the same facility.

Inpatient readmission review does NOT include:

- Admissions for the medical treatment of cancer, primary psychiatric disease, transplants and rehabilitation care
- Planned readmissions
- Member transfers from one acute care hospital to another
- Member discharged from the hospital against medical advice on initial admission
- Maternity readmissions

## Planned Readmission / Leave of Absence

Members readmitted to a hospital as part of a planned readmission or leave of absence are not considered separate stays and must be submitted as one claim. Leave of absence days are not reimbursable.

### Rationale

Consistent with Centers for Medicare, and Medicaid Services (CMS), Blue Cross NC will not separately reimburse inpatient readmissions.

This policy was developed in alignment with CMS and the National Quality Forum (NQF).

Blue Cross NC may request medical records for the initial and subsequent inpatient stays to review the clinical conditions, treatment and management and determine if the readmission criteria for the subsequent admission exists.

### Billing and Coding

Applicable codes are for reference only and may not be all inclusive. For further information on reimbursement guidelines, please see the Blue Cross NC web site at [www.bcbsnc.com](http://www.bcbsnc.com).

### Related policy

n/a

### References

CMS- Quality Improvement Organizational Manual Ch.4. Section 4240. [CMS Chapter 4](#)

NQF: All-Cause Admissions and Readmissions (qualityforum.org) [National Quality Forum](#)

### History

9/30/2022	New policy developed. Medical Director Approved. <b>Notification on 7/26/2022 for effective date 9/30/2022.</b> (ckb)
12/31/2022	Routine policy review. Minor revisions only. (ckb)
02/07/2023	Exclusion criteria added for Maternity. Medical Director approved. (cjw)

### Application

These reimbursement requirements apply to all commercial, Administrative Services Only (ASO), and Blue Card Inter-Plan Program Host members (other Plans members who seek care from the NC service area). This policy does not apply to Blue Cross NC members who seek care in other states.

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This policy relates only to the services or supplies described herein. Please refer to the Member's Benefit Booklet for availability of benefits. Member's benefits may vary according to benefit design; therefore, member benefit language should be reviewed before applying the terms of this policy.

This policy can be superseded by provider or State contract language, State or Federal requirements or mandates when specific contract language is contained to define different readmission timeframes.

This policy applies to facilities reimbursed for inpatient services regardless of payment methodology.

## Legal

Reimbursement policy is not an authorization, certification, explanation of benefits or a contract. Benefits and eligibility are determined before medical guidelines and payment guidelines are applied. Benefits are determined by the group contract and subscriber certificate that is in effect at the time services are rendered. This document is solely provided for informational purposes only and is based on research of current medical literature and review of common medical practices in the treatment and diagnosis of disease. Medical practices and knowledge are constantly changing, and Blue Cross NC reserves the right to review and revise its medical and reimbursement policies periodically.

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