



Request for Authorization: Psychological Testing

Please note, this form applies to Healthy Blue + MedicareSM (HMO D-SNP) offered by Blue Cross and Blue Shield of North Carolina. Please submit this form electronically using our preferred method at <https://www.availity.com>. This can also be submitted via fax to **1-844-430-1703**.

General Information

Member Information				
Member name		DOB		Member ID
Provider Information				
Psychologist name			Provider ID	
Phone		Fax		Email

Formal psychological testing is not clinically indicated for routine screening or assessment of behavioral health disorders, or for the administration of brief behavior rating scales and inventories. **Such scales and inventories are an expected part of a routine and complete diagnostic process.** Other than in exceptional cases, a diagnostic interview and all relevant rating scales should be completed by the psychologist prior to submission of requests for psychological testing authorization. Requests for placement and forensic purposes are not covered benefits. Requests for educational testing and assessment of learning disabilities for educational purposes should be referred to the public school system.

Clinical Assessment

Indicate which of the following assessments have been completed.

<input type="checkbox"/> Psychiatric and medical history	<input type="checkbox"/> Clinical interview with patient	<input type="checkbox"/> Structured developmental and social history	<input type="checkbox"/> Direct observation of parent-child interactions
<input type="checkbox"/> Family history pertinent to testing request	<input type="checkbox"/> Interview with family members	<input type="checkbox"/> Consultation with school/other important persons	<input type="checkbox"/> Medical evaluation
<input type="checkbox"/> Consultation with patient's physician	<input type="checkbox"/> Brief inventories and/or rating scales	<input type="checkbox"/> Review of medical records	<input type="checkbox"/> Review of academic records/IEP

Note: Availity is an independent company providing administrative services for Healthy Blue + Medicare providers on behalf of Blue Cross and Blue Shield of North Carolina.

<https://www.bluecrossnc.com/provider-home>

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Clinical Information

Indicate which of the following problems and symptoms present a need for testing.

<input type="checkbox"/> Inattention	<input type="checkbox"/> Irritability	<input type="checkbox"/> Disorganization	<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Labile mood	<input type="checkbox"/> Lethargy	<input type="checkbox"/> Low motivation	<input type="checkbox"/> Distractibility	<input type="checkbox"/> Impulsivity
<input type="checkbox"/> Poor attention span	<input type="checkbox"/> Acting out behavior	<input type="checkbox"/> Attention seeking	<input type="checkbox"/> Hallucinations	<input type="checkbox"/> Delusions
<input type="checkbox"/> Low frustration tolerance	<input type="checkbox"/> Suicidal or homicidal ideation	<input type="checkbox"/> Violence or physical aggression	<input type="checkbox"/> Speech and language delays	<input type="checkbox"/> Other developmental delays
Other:				
Duration of symptoms: <input type="checkbox"/> 0 to 3 mo. <input type="checkbox"/> 3 to 6 mo. <input type="checkbox"/> 6 to 9 mo. <input type="checkbox"/> 9 to 12 mo. <input type="checkbox"/> > 12 mo.				

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Treatment History

Please provide information regarding treatment history.

	Frequency	Duration of treatment	Is member still in treatment?	Have symptoms improved?
Individual therapy				
Medication management				
School-/home-based				
Other services				

Date of diagnostic interview: _____

Rating Scales

Please indicate which rating scales have been administered as part of your clinical assessment.

<input type="checkbox"/> BASC	<input type="checkbox"/> TSCC	<input type="checkbox"/> CDI	<input type="checkbox"/> STAI	<input type="checkbox"/> BDI
<input type="checkbox"/> Conner's	<input type="checkbox"/> Achenbach	<input type="checkbox"/> Brief	<input type="checkbox"/> MDQ	<input type="checkbox"/> BAI
<input type="checkbox"/> RAD	<input type="checkbox"/> CBCL	<input type="checkbox"/> MASC	<input type="checkbox"/> ADHD rating	<input type="checkbox"/> PCL-5
<input type="checkbox"/> Other:				
Please include any pertinent results of rating scales.				

Other Pertinent Information

Please include any other information that supports the request for psychological testing.

Previous Psychological Testing

Please include any information regarding previous psychological testing (such as dates of testing or results) and why retesting is requested.

DSM-5/ICD-10 Diagnoses

Rationale for Testing

Please describe the rationale for testing. What are the current questions to be answered that cannot be addressed by the clinical interview, review of records and rating scales that you have already administered? How will the results of testing impact the course of treatment?

Is this a request for a trauma assessment? Yes No

Psychological Tests Requested

Please list the tests you are requesting and the administration time.

Total time requested

Blue Cross and Blue Shield of North Carolina
Healthy Blue + Medicare (HMO D-SNP)
Request for Authorization: Psychological Testing

Provider signature: _____ Date: _____

Important note: You are not permitted to use or disclose Protected Health Information about individuals who you are not treating or are not enrolled to your practice. This applies to Protected Health Information accessible in any online tool, sent in any medium including mail, email, fax or other electronic transmission.