



BlueCross BlueShield  
of North Carolina

# MEDICARE

October 2024

## Updates to Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guidelines Effective October 20, 2024

Please note, this communication applies to Healthy Blue + Medicare<sup>SM</sup> (HMO-POS D-SNP) offered by Blue Cross and Blue Shield of North Carolina (Blue Cross NC).

Effective on October 20, 2024, the following Carelon Medical Benefits Management, Inc. Clinical Appropriateness Guideline updates for medical necessity review, will apply for Blue Cross NC. This article is to communicate the plan adoption of these Carelon Medical Benefits Management, Inc. guidelines. Existing prior authorization requirements have not changed. In the event a prior authorization requirement for these services will be implemented, a separate notice will be distributed before the addition of any prior authorization requirements:

You may access and download a copy of the current and upcoming guidelines [here](#).

- Cardiology:
  - Cardiac Resynchronization Therapy
  - Endovascular Revascularization
  - Imaging of the Heart
  - Implantable Cardioverter Defibrillators
  - Percutaneous Coronary Intervention
  - Permanent Implantable Pacemakers
- Genetic Testing:
  - Pharmacogenomic Testing
  - Predictive and Prognostic Polygenic Testing
  - Chromosomal Microarray Analysis
  - Whole Exome Sequencing and Whole Genome Sequencing
  - Somatic Tumor Testing
- Musculoskeletal:
  - Spine Surgery
  - Sacroiliac Joint Fusion
- Radiology:
  - Imaging of the Spine
  - Imaging of the Extremities
  - Vascular Imaging
  - Imaging of the Brain

<https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal.

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Blue Cross and Blue Shield of North Carolina  
Healthy Blue + Medicare (HMO-POS D-SNP)  
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- Sleep:
  - Sleep Disorder Management

The above guideline updates have a publish date of October 20, 2024.

Please share this notice with other members of your practice and office staff.