

Cardiac Rehabilitation (CRE) 2025

Healthcare Effectiveness Data Information Set[®] (HEDIS) is a widely used set of performance measures developed and maintained by NCQA. To help you better serve our members and drive improved efforts surrounding HEDIS, we have compiled some tips and best practices. With your help, we can continually build towards a future of shared success.

This HEDIS measure evaluates the percentage of members 18 years and older who attended cardiac rehabilitation following a qualifying cardiac event, including myocardial infarction, percutaneous coronary intervention, coronary artery bypass grafting, heart and heart/lung transplantation, or heart valve repair/replacement on or between July 1 of the year prior to the measurement year to June 30 of the measurement year. Four rates are reported:

- **Initiation:** the percentage of members who attended two or more sessions of cardiac rehabilitation within 30 days after a qualifying event
- **Engagement 1:** the percentage of members who attended 12 or more sessions of cardiac rehabilitation within 90 days after a qualifying event
- **Engagement 2:** the percentage of members who attended 24 or more sessions of cardiac rehabilitation within 180 days after a qualifying event
- **Achievement:** the percentage of members who attended 36 or more sessions of cardiac rehabilitation within 180 days after a qualifying event



Record Your Efforts

Count multiple cardiac rehabilitation sessions on the same date of service as multiple sessions. For example, if a member has two different codes for cardiac rehabilitation on the same date of service (or one code billed as two units), count this as two sessions of cardiac rehabilitation.

Note: HEDIS[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).

Exclusions:

- Members in hospice or elect to use a hospice benefit any time during the measurement year
- Members who died during the measurement year
- Members receiving palliative care any time during the measurement year
- Members who had an encounter for palliative anytime during the measurement year
- Members 66 to 80 years of age and older as of December 31 of the measurement year (all product lines) with frailty and advanced illness (members must meet both frailty and advanced illness criteria to be excluded)
- Members 81 years of age and older as of December 31 of the measurement year (all product lines) with at least two indications of frailty with different dates of service during the measurement year
- Discharged from an inpatient setting with any of the following on the discharge claim during the 180 days after the episode date:
 - Myocardial infarction (MI)
 - Coronary artery bypass graft (CABG)
 - Heart or heart/lung transplant
 - Heart valve repair or replacement
 - Percutaneous coronary intervention (PCI)

Helpful Tips:

- Contact members who cancel appointments and reschedule them as soon as possible.
- Submit claims and encounter data in a timely manner.

If using an electronic medical record (EMR) system, consider electronic data sharing with your health plan to capture all coded elements. Refer to your provider contact or health plan contact for additional details and questions.

Description	Code(s)
Cardiac Rehabilitation	CPT®: 93797, 93798 HCPCS: G0422: Intensive cardiac rehabilitation; with or without continuous ecg monitoring with exercise, per session G0423: Intensive cardiac rehabilitation; with or without continuous ecg monitoring; without exercise, per session S9472: Cardiac rehabilitation program, non-physician provider, per diem

Note: The codes listed are informational only; this information does not guarantee reimbursement. If applicable, refer to your provider contact or health plan contact for reimbursement information. For a complete list of CPT codes, go to the American Medical Association website at ama-assn.org.

Please visit **My Diverse Patients** for additional information about eLearning experiences on provider cultural competency and health equity.



BlueCross BlueShield
of North Carolina

MEDICARE

<https://www.bluecrossnc.com/providers/networks-programs/blue-medicare/healthy-blue-medicare>

Blue Cross and Blue Shield of North Carolina Senior Health, DBA Blue Cross and Blue Shield of North Carolina, is an HMO-POS D-SNP plan with a Medicare contract and a NC State Medicaid Agency Contract (SMAC). Enrollment in Blue Cross and Blue Shield of North Carolina Senior Health depends upon contract renewal. ®, SM are marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield plans. All other marks and names are property of their respective owners. Blue Cross and Blue Shield of North Carolina is an independent licensee of the Blue Cross Blue Shield Association.